

Nutrition Facts			
Serving Size: 2 oz			
Servings per container: 18			
Amount per Serving			
Calories 54		Calories from Fat 126	
% Daily Value			
Total Fat 2g		14%	
Saturated Fat 1g		23%	
Trans Fat 0g			
Cholesterol 72mg		24%	
Sodium 420mg		11%	
Total Carbohydrate 0g		0%	
Dietary Fiber 0 g		0%	
Sugars 0g			
Protein 9g			
Vitamin A 0%		* Vitamin C 0%	
Calcium 0%		* Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrates		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9 * Carbohydrate 4 * Protein 4			

Code 102561

Diced Smoked Ham

INGREDIENTS: Ham, Water, Salt, Dextrose, Sodium Phosphate, Smoke Flavoring, Sodium Erythorbate, Sodium Nitrate.

